

## SESSION 1

I AM SPECIAL,  
SAFE, AND ACCEPTED

MEMORY VERSE

“ I HAVE COME THAT  
THEY MAY HAVE  
LIFE, AND HAVE IT TO  
THE FULL ”

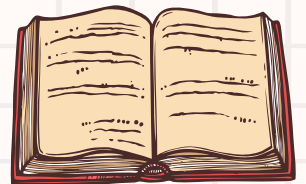
JOHN 10:10

SEE IT

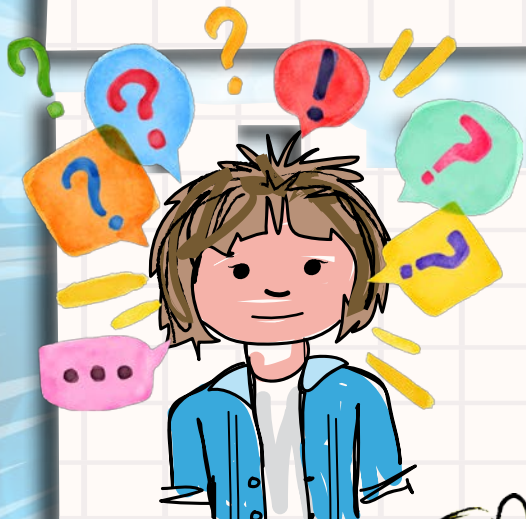
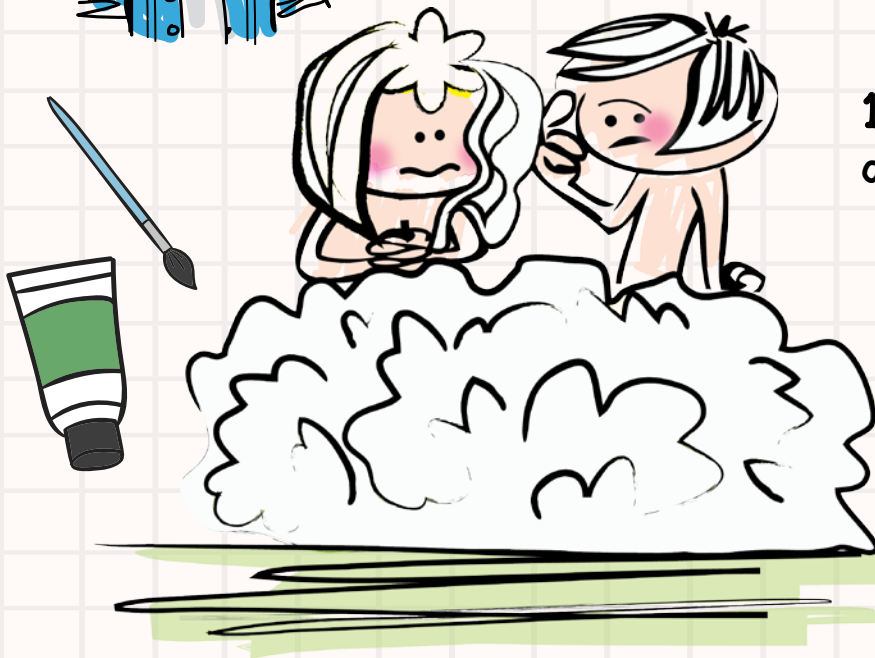
Today we saw that:

- ★ God made us in His IMAGE
- ★ God wants to be our FRIEND
- ★ God meets all our NEEDS

## SOPHIE'S QUESTIONS (Read Genesis 1-3):



1. How do you think Adam and Eve felt before they ate the fruit?
2. What about afterwards?
3. What had changed?



# KNOW IT

Complete this certificate about your birthday:

You now have another birthday!  
The day that you asked Jesus into your heart!

*Birth Certificate*

Name: \_\_\_\_\_

Date of Birth .....

Place of Birth .....

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_



*New Birth Certificate*

Name: \_\_\_\_\_

Date of New Birth .....

Place of New Birth .....

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_



**YOU NOW HAVE A CONNECTION TO GOD!**

Write in the boxes the things that make you feel safe, special and accepted.



**REMEMBER  
GOD CAN  
DO THIS  
TOO!**

# TRUTHS

## I am SPECIAL

because God says:

- His Holy Spirit lives inside me.
- He has made me to do good things.
- I can always come to God and talk with Him.
- I can do things I find hard because God gives me strength and helps me.

## I am SAFE

because God says:

- I am not guilty or bad because God has forgiven me.
- Nothing can come between God and me.
- He will finish the good work He started in me.
- I am safe with Jesus and in God.
- I am a child of God and I am safe from evil.

## I am ACCEPTED

because God says:

- I am His child.
- Jesus chose me to be His friend.
- I am a saint - a special person set aside by God.
- I have been forgiven for all the things I've done wrong.

**DO IT**



Choose one of the following truths about who you are in Christ. Write it down in the space provided.

✗ Mark each box as you repeat the truths about yourself each day!

DAY 1  DAY 2

DAY 3  DAY 4

DAY 5  DAY 6

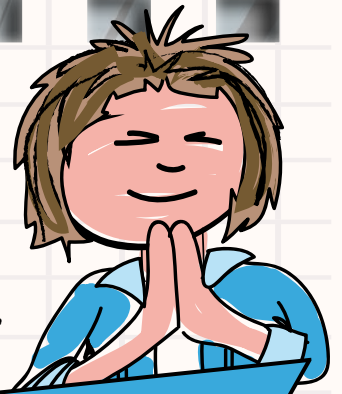
DAY 7

A large dashed-line box for writing.



**PRAY**

Dear Jesus, help me to know that You love me and that You made me. Thank You for the LIFE that You give me. Amen.



Learn one truth by heart and then share it next week.

**SOPHIE'S CHALLENGE:**

**NOTES**